

Please note: Activities maybe subject to change dependent on Resident's wishes and any unforeseen circumstances

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31					1
Birthday Memory Games 11:30 Pumpkin Painting 2:30	HALLOWEEN PARTY With Music Box 2:30					One to Ones 11:30 Reminiscence afternoon 2:00
2	3	4	5	6	7	8
International Older Persons Day Activities at 11:00 & 2:30 Sunset Café area	Birthday Crosswords 11:30 October Crafts 2:30	Hangman 11:30 Church Service 3:00	Chair Exercises 11:30  Bean Bag Targets 2:00	Word Games 11:30 YOGA with Carlo 2:00	Ball games 11:30 Mindful Colouring 2:00	Daily paper chat 11:30 Resident's Requests 2:00
9	10	11	12	13	14	15
Halloween Crafts! 11:30 Cheese & Wine Evening 6:00 Sunset Café area	Bean Bag Golf 11:30 BINGO AFTERNOON 2:00	October Crafts 11:30 Afternoon with Sharon Day TBC	Birthday Dobbie's Garden Centre 10:30	Crosswords 11:30 YOGA with Carlo 2:00	Hand Massages 11:30 ABC Word Game 2:00	Music in the Lounge 11:30 Movie Matinee 2:00
16	17	18	19	20	21	22
Famous Catchphrases 11:30 Balloon Tennis 2:00	Birthday Ball Games 11:30 Mindful Colouring 2:30	Daily Paper Chat 11:30 Halloween Crafts 2:00	Dundonald Castle 11:30 Quiz Afternoon 2:00	Movement to Music 11:30 YOGA with Carlo 2:00	Morning Papers 11:30 Sing Along 2:00	Coffee & Chat morning 11:30 Jigsaw Puzzles 2:00
23	24	25	26	27	28	29
Picture Quiz 11:30 Halloween Crafts 2:00	Resident's Meeting 11:30  Church Service 2:00	Bean Bag Game 11:30 Dominoes Afternoon 2:00	Birthday  DAT Art Class Outing to Burns Museum 10:00 - 12:30	Manicures 11:30 YOGA with Carlo 2:00	Birthday Crosswords 11:30 Hand Massages 2:00	Daily paper chat 11:30 Dominoes 2:00