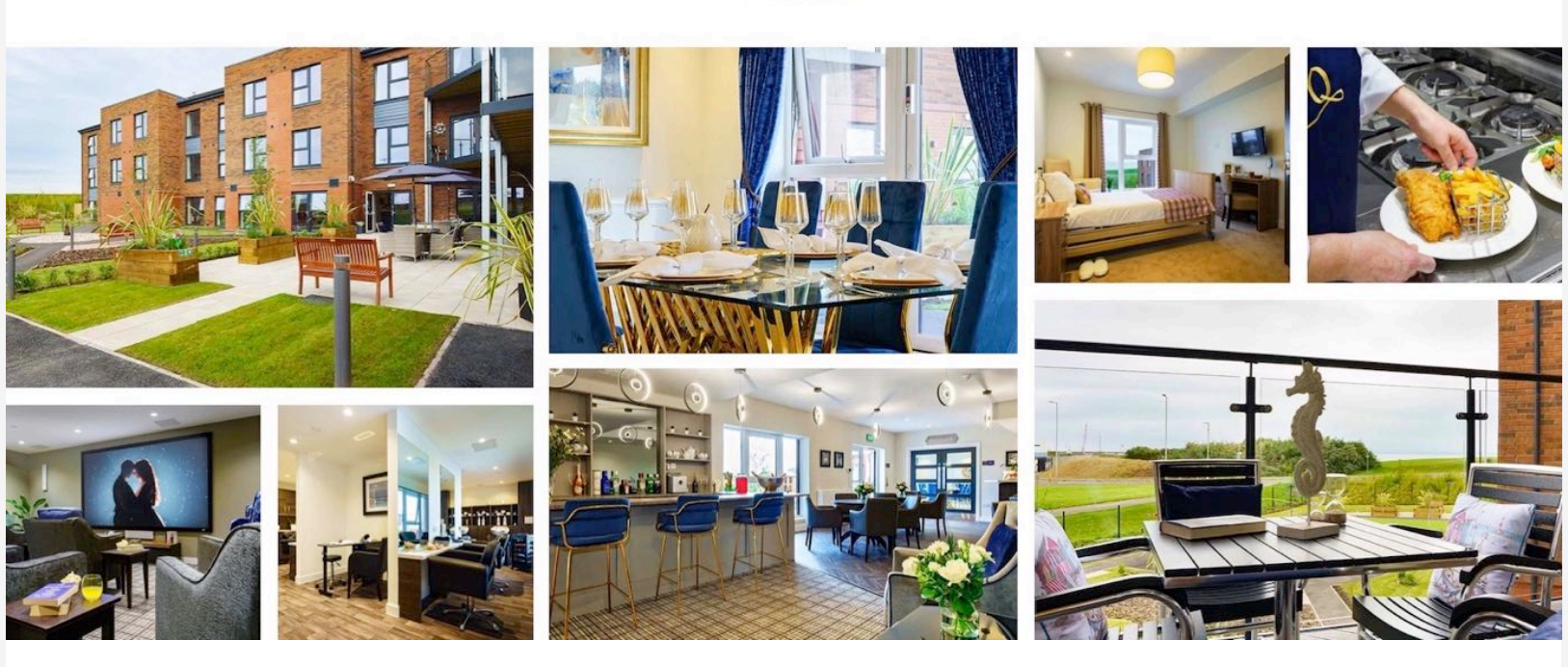


INTRODUCTION

# Message From Our Manager

As we head into the autumn months, I would like to extend a big thank you to all our residents, families, friends and our wonderful staff for helping to make Queens View Harbour such a friendly and welcoming place.

As we approach the end of another summer, and I can't quite believe we are saying that already, it is a good opportunity to look back on some of the events, activities and milestones we have enjoyed together.

It has been a busy season, from family gatherings and special celebrations to sensory activities, outings and our fifth anniversary. We have shared some lovely moments and it has been wonderful to see residents, relatives and colleagues enjoying them together.

Whether it is helping residents to maintain their independence, providing opportunities to enjoy favourite interests or simply supporting one another day to day, every contribution matters. The hard work and dedication of our team play an important part in making Queens View Harbour the home it is.

Wishing you all a healthy and happy autumn.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

**Newsletter Sign-Up**

Best wishes,

**Gemma Boyle**
Home Manager

ACTIVITIES & EVENTS

# A Secret Garden Sensory Experience

In July, we welcomed Jen from Neon Skies Party Planning & Events for a special Secret Garden Sensory afternoon.

Our Cinema Room was transformed for the occasion, creating an immersive environment where residents could enjoy the different sights, sounds and scents of a secret garden.

The sensory experience prompted plenty of conversation and memories, while giving residents the opportunity to enjoy something a little different together. Jen took the time to involve everyone, making sure residents could experience the event in a way that suited them.

The afternoon was such a success that we invited Jen back for our It's a Knockout event with residents and staff, which proved to be another very enjoyable occasion.

We are now looking forward to welcoming Neon Skies back in November for our Harvest Moon event.

QUEENS VIEW
IT'S A KNOCK OUT!
COMPLETE THE GAMES SCORE POINTS
BE THE CHAMPION!
TUG OF WAR
GRAB THE ROPE, PULL TOGETHER, WIN AS A TEAM!

# Steps to Remember

Residents recently took part in our Steps to Remember dementia walk, with family and friends also invited to come along and show their support.

With our lovely seaside surroundings on our doorstep, it was a good opportunity to get outdoors, enjoy some fresh air and walk together for an important cause.

Afterwards, everyone headed to the café for a well-earned cup of tea and the chance to sit down and chat.

Activities like this allow residents to remain active and connected with the people around them, while also raising awareness of a condition that affects so many individuals and families.

Steps to Remember
A Dementia Walk for our Residents, Families and Friends
Monday 31st August
10am – 12 pm
Finishing with a catch up in the Café when back

NEWS & UPDATES

# Celebrating Five Fabulous Years

July marked a particularly important milestone as we celebrated five years of Queens View Harbour.

Residents were joined by families, friends and colleagues for an afternoon celebrating everything that has happened since the home first opened its doors.

It was a lovely opportunity to look back at memories from the past five years and recognise how our community has grown along the way. Most importantly, it brought together the residents, relatives and colleagues who have all played their own part in the story of the home.

The anniversary also gave us the opportunity to recognise our staff teams and thank them for the kindness, commitment and care they provide every day.

Thank you to everyone who joined us and helped make our fifth anniversary such a special occasion.

You're Invited!
Join us for our 5th BIRTHDAY PARTY!
50's Rock 'n' Roll THEME!
Music, Memories & Good Times!
Let's Celebrate 5 WONDERFUL YEARS!
Rock Around the Clock!
Rock & Roll Cafe

# Celebrating Life's Milestones

We have also had several personal milestones to celebrate over the summer, with some very special birthdays taking place around the home.

Birthdays are always important occasions, particularly when families and friends are able to come together and celebrate with their loved ones.

We have enjoyed some lovely afternoons with residents surrounded by the people closest to them, sharing food, conversation and plenty of happy memories.

Our team always works hard to make personal celebrations feel special to the individual resident. Whether it is a milestone birthday or another important occasion, we want residents to be able to celebrate in a way that feels right for them.

Thank you to our staff for the thought and preparation that goes into these occasions and to our families for sharing them with us.

STAFF CORNER

# Welcoming New Faces

We are pleased to welcome several new members to the Queens View Harbour team.

Jessica, Monica and Ben have joined us as Care Assistants, while James has joined our kitchen team as Chef.

Starting somewhere new always takes a little time, so we hope residents, relatives and colleagues will join us in giving them a warm welcome as they settle into their roles and get to know everyone around the home.

Welcome to the team, Jessica, Monica, Ben and James.

COMING UP...

# Dates for the Diary

There is plenty to look forward to over the coming weeks:

- 30th October: Halloween Party
- 5th November: Neon Skies Harvest Moon
- 21st November: Christmas Craft Fayre

Further details about our events and activities will be shared with residents and relatives nearer the time.

# Relatives' Meeting

Our next Relatives' Meeting will take place on Wednesday 28th October 2026 at 2pm in the Cinema Room.

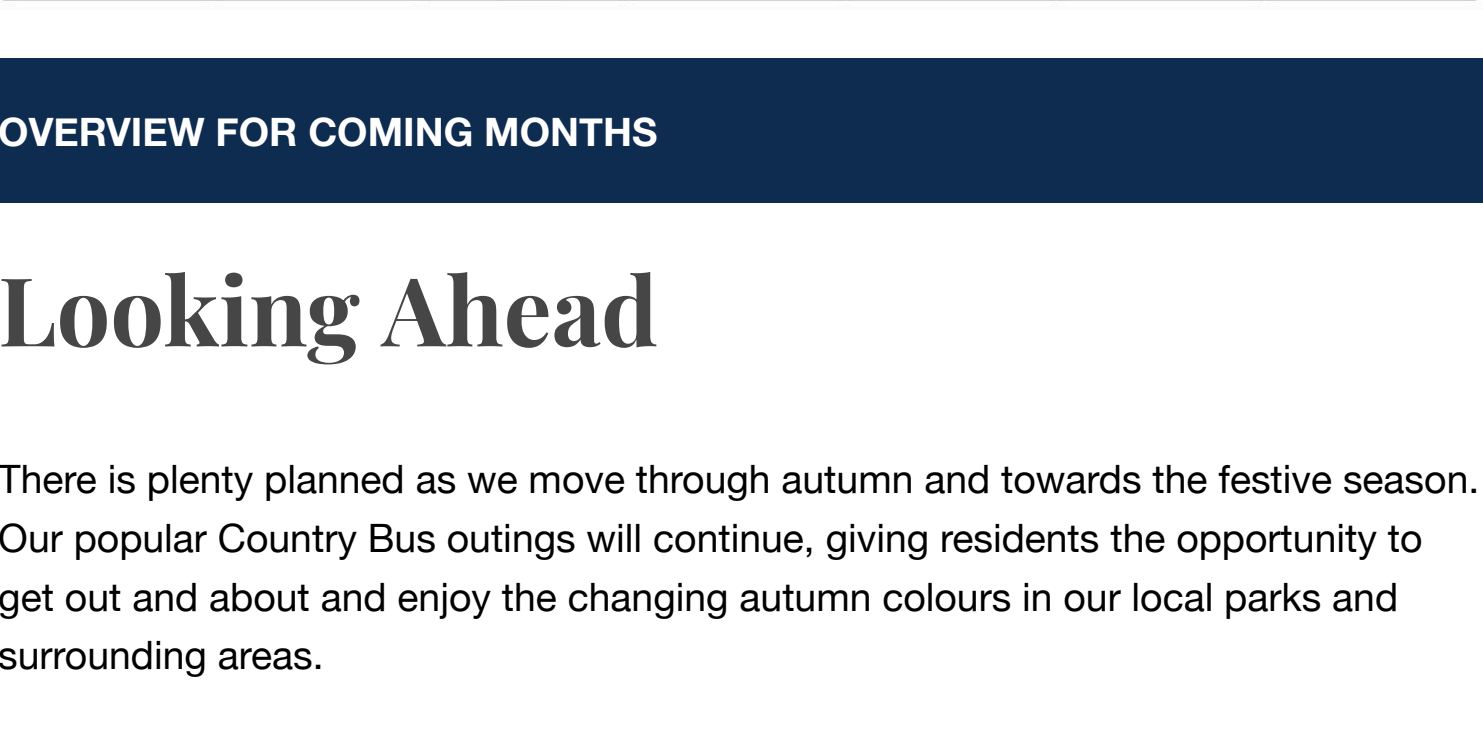
Our relatives' meetings provide an opportunity to hear updates from the home, ask questions, share feedback and discuss anything that is important to residents and their families.

We hope to see as many of you there as possible.

# Monthly Activities

Alongside our larger events, residents can continue to choose from our regular programme of activities throughout the month.

Our activity calendar provides details of what is coming up and is designed to offer a mixture of social, creative and active opportunities. Residents are always encouraged to share their own suggestions and let us know about activities, interests or outings they would like us to consider.



October 2026

Please note: Activities may be subject to change dependent on Residents' wishes and any unforeseen circumstances

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| | | | 1<br>International Coffee Day<br>11:30<br>Tri Shaws<br>2:30 | 2<br>Chair Exercises<br>11:30<br>Reminiscence<br>2:30 | 3<br>Dominoes<br>11:30<br>Planting Bulbs<br>2:30 | 4 |
| 5<br>Word Games<br>11:30<br>Belleisle Outing<br>2:30 | 6<br>Sit and get fit<br>11:30<br>Draw a Picture Day<br>2:30<br>Gail from<br>Our Lady of St Meddan's | 7<br>All Ability Bikes<br>1:45<br>Church Service<br>2:30 | 8<br>Balloon Tennis<br>11:30<br>Musical Memories<br>1:30<br>Tri Shaws<br>Church Service<br>2:30 | 9<br>Soup and Stories<br>11:30<br>Memory Games<br>2:30 | 10<br>Chair Exercises<br>11:30<br>Coffee & Chat<br>2:30 | 11 |
| 12<br>Bean Bag Targets<br>11:30<br>Dobbies Outing<br>2:30 | 13<br>Give a Dog a Bone<br>11:00<br>Indoor Kurling<br>2:30 | 14<br>Nursery Visit<br>10:30 – 11:00<br>Walking Group<br>11:00<br>2:30 | 15<br>DAT ART CLASS<br>11:00<br>Country Bus Run<br>Eglinton Park<br>Tri Shaws<br>2:30 | 16<br>Dominoes<br>11:30<br>Kevin Watt<br>Branded outlet Shop<br>2:30 | 17<br>🎂 | 18 |
| 19<br>Chair Exercises<br>11:30<br>Sharon Day<br>2:30 | 20<br>Finish the Song Title<br>11:30<br>Church Service<br>2:30 | 21<br>Apple Day<br>11:30<br>Out for Coffee<br>with Bill<br>Hot Apple Cider Afternoon<br>2:30 | 22<br>Hands of History<br>11:30<br>Tri Shaws<br>2:30<br>"Italian"<br>Bistro Night<br>4:30 | 23<br>Birthday<br>Music Morning<br>11:30<br>BINGO<br>2:30 | 24 | 25 |
| 26<br>QVH Dementia Walk<br>10:00<br>Westbank Visit<br>2:30 | 27<br>Chair Yoga<br>11:30<br>Men's Afternoon<br>2:30 | 28<br>Vivienne<br>11:00<br>Bulb Planting<br>11:30<br>Craft Afternoon<br>2:30 | 29<br>National Cat Day<br>Nursery Visit<br>2:30 | 30<br>🎂 Hallowe'en Party 🎂<br>with<br>Music Box<br>2:30 | 31 | 1 |

OVERVIEW FOR COMING MONTHS

# Looking Ahead

There is plenty planned as we move through autumn and towards the festive season. Our popular Country Bus outings will continue, giving residents the opportunity to get out and about and enjoy the changing autumn colours in our local parks and surrounding areas.

We are also looking forward to further nursery visits, seasonal get-togethers, creative activities and fundraising events. Kevin Watt will be visiting with a selection of clothing and footwear for residents who would like to do a little shopping without having to travel far.

We are particularly pleased to be reintroducing our Bistro Nights, giving residents another opportunity to enjoy a sociable evening and something a little different from the usual routine.

With Halloween, our Harvest Moon event and Christmas Craft Fayre also approaching, there will be plenty happening around Queens View Harbour over the coming months.

Thank you, as always, to our residents, relatives, friends and colleagues for your continued support and involvement. We look forward to enjoying autumn together and sharing more news with you soon.

EXTERNAL LINKS

# Social Media

Make sure to check out the Queens View Harbour Care Home Facebook Page for all our latest photos!

**Don't Forget To 'Like' Us!**

# Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

**Carehome.co.uk** & **Google Reviews**

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